



INSTRUCTIONS TO AUTHOR

The editor invites original, scholarly articles and research papers within the aim and scope of the journal that have not been published previously or submitted elsewhere and that are not under review for another publication in any medium (e.g. printed journal, conference proceedings, electronic or optical medium) may be submitted to the Editor, International Journal of Adapted Physical Education & Yoga (IJAPEY). A declaration by the author(s) that the paper(s) has/have not been sent elsewhere for publication/presentation is also required. Copyright clearance for material used in the article should be obtained by the author(s). It will be assumed that submission of the article to this journal implies that all the foregoing conditions are applicable.

All articles and correspondence related to contribution should be addressed to the Editor, IJAPEY on the following e-mail: mail@ijapey.info

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The opinions expressed in the articles of this journal are those of the authors and do not reflect the objectives or opinion of RKMVU, Faculty of GAPEY.

Peer review: All contributions submitted will be subjected to a peer review.

Format: The whole text manuscript must be typed in double space on one side A4 paper (including references) and should have one-inch margin in three sides and a wider margin in the left side of the text.

Every page should be numbered correctly including the title page. The article should confirm to APA style.

Soft copy of the article should be attached and submitted to the above-mentioned e-mail.

Title page: This should contain the title of the manuscript, the name of the author and at the bottom the address for correspondence including email ID, the number of authors should not exceed more than three.

Abstract: The second page should contain an abstract of not more than 150 words, stating the purpose of the study, the methods followed, main findings (with specific data and their statistical significance if possible), and the major conclusions.

Main body of the text: Articles must be concise and usually follow the following word limitations:

1. Research Papers (3000-5000 words normally, 6000-8000 words in exceptional cases)
2. Short communication (1000 – 3000 words) on new ideas/new areas work/innovation/ action research/ ongoing investigations/ conference and seminar and work shop outcomes.
3. Book reviews (1000-2000 words)

Organization of the text: The general organization of research papers should be as follows:

- a) Introduction should include important review of relevant studies which leads to the need, scope and objectives of the study.
- b) Materials and methods should include sampling techniques, tool(s)/tool development and details of validation, data collection procedure and scheme of data analysis.
- c) Results and discussion.
- d) Conclusion.
- e) Appendices may be used to amplify details which are appropriate.

Tables: Tables/figures should be typed at their apt position in the text. There should not be duplication of information by giving tables as well as graphs.

References: References should be indicated in the text by giving the name of author(s) with the year of publication in parentheses. References should be alphabetically listed at the end of the paper. References should also be in tune with APA style.

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